

# City of Sparks

## Proclamation

**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

**WHEREAS**, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

**WHEREAS**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS**, the Men's Health Month website has been established at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

**WHEREAS**, Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and citizens are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups.

**NOW, THEREFORE, I, RONALD E. SMITH**, Mayor of the City of Sparks, Nevada, do hereby proclaim June 2019 as:

### "MEN'S HEALTH MONTH"

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the Seal of the City of Sparks, Nevada to be affixed this 13<sup>TH</sup> day of February, 2019.



**RONALD E. SMITH, Mayor**

**ATTEST:**



**LISA HUNDERMAN, City Clerk**

